

# LDE Quarterly Lucid Dreaming Challenge

## June 1, 2008

by Robert Waggoner  
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(This feature provides an unusual lucid dreaming task for **LDE** readers with each new issue. Participants agree to accept personal responsibility for any risks should they choose to undertake them, which may possibly bring about mental, emotional, and even, in this challenge, financial changes. We invite those of you who accomplish these tasks to send your dream reports to **LDE**.)

### Seeking Specific Future Information: Tuning into the Stock Market

“Desire awakens only those things that are thought possible.”  
*Rene’ Descartes*

Aware in the subconscious, lucid dreamers appear to have access to deeper knowledge. Whether we call this source the collective unconscious or the Inner Self, we may only need to lucidly make a request in order to realize the information available at deeper levels of our being. Probing that inner awareness, some lucid dreamers have tapped into unknown information of a clairvoyant or precognitive nature, often with interesting, informative and prosperous results.

In this LDE challenge, the goal involves seeking future information, specifically about the stock market. Why the stock market? First, information about the stock market and stocks is something that is widely available, and NYSE stocks seem **unlikely** of being strongly influenced by the average lucid dreamer (unless Warren Buffett and Bill Gates dream lucidly). Second, the changes in stocks normally involve numeric or percentage movements (something less open to interpretation than dreaming about headlines in tomorrow’s newspaper). Third, if a lucid dreamer can get information on objective issues, it suggests the broader reach of knowledge accessible when aware in the subconscious.

In various traditional dreams, I have been given stock advice; stocks to sell, some to buy, even projected target prices. In those cases where I felt that I clearly understood the message, I have done well following the advice. However, whenever I was unsure about the message (uncertain whether to buy or sell, for example), the uneven results mirrored my uncertainty. Actively seeking stock advice in a lucid dream, though, seems do-able, but rarely considered.

### The Challenge: Finding A Great Investment

**Task 1** – Contest Task: Become aware in the dream state, and learn which stock in the New York Stock Exchange will be the highest percentage gainer for the first business day of the month (like Tuesday, July 1, 2008 or Friday, August 1, 2008, and so on). Then send that dream information in to us at the LDE before the target day. (Lucid dreamers may select another day, provided that they email us the lucid dream information at least 24 hours before.)

At the close of NYSE stock trading on July 1<sup>st</sup>, we will use the website of Yahoo finance to discover the highest percentage gainers for that day (located at <http://finance.yahoo.com/gainers?e=nq> ) For those who lucid dream in July, we will also have the highest percentage gainers for August 1<sup>st</sup>.

So, just for fun, again, this is your LDE lucid dreaming challenge:

To become aware in the dream state, and learn which stock in the New York Stock Exchange will be the highest percentage gainer for the first business day of the month.

Email entries to R Waggoner ([Dreambob@aol.com](mailto:Dreambob@aol.com)) accepted through June 30, 2008 for July 1, 2008 stock gainers; and through July 31<sup>st</sup> for Aug. 1, 2008 gainers. The person who provides the most accurate information will win a copy of Robert Waggoner's upcoming book, ***Lucid Dreaming: Gateway to the Inner Self***, and be mentioned in an upcoming LDE.

**Alternative tasks:** for those who miss the contest deadline, and for those who would like to focus their efforts on practical lucid dreaming tasks that may provide useful investment information.

**Task 2:** In a lucid dream, ask for a company name, or for the one to four letter stock ticker designation (IBM, GOOG, etc.) that would make a good investment for you.

**Task 3:** If you already have an interest in a specific company, ask in the dream whether it will make a good investment for you. For special credit, if yes, ask at what price to buy the stock you've chosen.

### Helpful Suggestions:

**Develop Curious Intent:** When we become curious about a topic, we are much more likely to investigate it in an open-minded fashion. Our curiosity may pre-establish the lucid dream setting to answer the intended question. For instance with this goal in mind, you may become lucid while reading the business section of the newspaper, or talking to a friend who is a stockbroker as you stroll down Wall Street. Your curiosity and intent may pre-arrange the dream's symbolic environment and help you discover the answer.

**Seek an Appropriate Medium:**

As Ed Kellogg has pointed out with his Lucid Dream Incubation Technique (LDIT), once lucid, you must create "a medium for the materialization of the answer." (For more information on the LDIT see LDE Challenge #2 at: <http://www.dreaminglucid.com/challenges/ldchallenge2.pdf> ) Some lucid dreamers intend to find the answer when they open the next door, or look into a closed drawer. Others might decide the answer will be on a sheet of paper, when they turn it over. Wherever you find yourself in the lucid dream, you must creatively announce your intent and expect the response. In some cases, I have simply shouted the question to the dream and waited for a response.

**Aids to Help with Focus:** Once lucid, you have to focus on clearly articulating the question. Some lucid dreamers, write out their question before sleep, and memorize it. Others, prefer to focus their intent through a verbal rhyme, like "For July 1<sup>st</sup>, let me see, the highest percentage gainer, on the NYSE!" which helps their focus. Focus establishes a clearer intent, which leads to an appropriate response.

**Using Expectation:** So how would you like the information to come to you? Do you expect to see or hear the company name? Or would you prefer to see the stock symbol identification (this is the one to four letters which identifies the NYSE stock, such as General Electric is GE, while Monsanto is MON)? Or would you expect the information to appear in another way?

**Sense of Reliability:** Upon waking from your lucid dream and writing your report, ask yourself if you feel the information is reliable? Rank it as you would a news story:

Was the information **clear**? Did it appear in a form that seemed **understandable**? Was there any sense of questioning or **uncertainty** in the answer's materialization? Did you **remember** it clearly? Did the **source seem reliable**?

### An example:

As I was considering this LDE lucid dream challenge, I had a lucid dream in which I tried the idea to some degree. Here's the lucid dream, followed by my "Sense of Reliability" rating:

Lucid Dream/s, May 7-8, 2008 – Robert Waggoner, "Seeking Stock Information"

As a preamble, this was my final night of a holiday. Heading to sleep, I concentrated on "opening up." I believe I may have had two lucid dreams – with a brief waking after the first to write a few notes in my dream journal. In the morning, when I wrote out this report, some of the exact details were fuzzy.

"I find myself in a place where the perspective of the floor seems unusual, just like the marble flooring design of a large basilica that I had visited the day before. The odd perspective makes me pause and I become lucid in a very big church-like area. I fly around, laughing at being lucid – it all seems an unusually bright and vivid place.

About five or six dream figures are scattered in a courtyard-size space. I stop to think what I wanted to do and recalled my interest in a stock market LDE challenge, and discovering the highest percentage gainer in the stock market for the following day. A dream figure says something, and I respond something like, "No, I want the highest percentage gainer" with the non-verbal understanding this would be for the next day. Then I remind myself that I need to be specific – I want the New York Stock Exchange and not the Amex or Nasdaq.

A new dream figure seems to appear who seems both energetic and knowledgeable. I ask him this question, and he responds something like, "Eastman" (sounds like that, as I recall). I think of Eastman Chemical. Another dream figure, who looks like a wealthy person I know, says, "It went up \$6.00 in a day (recently)." Then the knowledgeable dream figure gives me the idea that the stock will advance to \$139 a share.

I ask him another question, and then wonder about his name. He shows me a piece of paper with a name written on it in blue, powdery ink – "Forde". I smile, because I feel this dream figure "fords" realities, and then I tell another dream figure my supposition. I turn again to the knowledgeable dream figure and ask, "Is it really possible to get this kind of (stock) information?" He replies, "Yes. This and many other surprising things (are possible)." I then talk to a dream figure wearing a bright red shirt about this knowledgeable dream figure, who now seems ready to go elsewhere, where he is needed. I wonder if he acts as a representative of my inner Self? (I believe he asks me, "Anything else?" then disappears. Here, I likely woke and wrote a few notes in my dream journal, and then fell asleep, back into a lucid dream, or a semi-lucid false awakening.)

I seem to be walking away from the area of the courtyard place, lucid and energized. I see my wife's secretary, standing near a 10' in diameter, circular pool with a white marble edge. In quick succession, three animals appear in the water; the final one is a crocodile which snaps at her. I wonder if this relates to death or a brush with death. I continue on through a parking area, and a woman asks me, which car will I select. I see four or five ordinary cars, and then a red pickup truck, which I feel is the natural lead car. It looks tough and invincible; I choose it. I hop in, and check it out. I wait for the others to come along."

So yes, I did it – well, sort of. How do I feel about this information's validity? Let's look at some of those Reliability indicators:

Was the information **clear**? Well, yes and no. I thought I heard Eastman, and felt it meant Eastman Chemical (which is a NYSE stock), but there is also Eastman Kodak. Hmm.

Did it appear in a form that seemed **understandable**? I heard it, and believe I heard it correctly. But it would have been nice to see the words, or stock ticker symbol.

Was there any sense of questioning or **uncertainty** in the answer's materialization? A bit, since I did not make a formal request; it was more like a conversation about the kind of stock information I wanted, as I tried to recall the details of exactly what I wanted.

Did you **remember** it clearly? Well, here, I feel uncertain. I don't know if the second part of the lucid dream was a false awakening, or what. Normally when I do a lucid dream challenge, I tell myself to 'wake up' as soon as I have the answer, so that I remember it clearly and write it all down. In a long lucid dream, it is sometimes hard to remember the early events in the lucid dream.

Did the **source seem reliable**? Here, the dream gave me something to investigate and confirm the stock information. The dream figure, who looked like a wealthy person I know, provided an odd detail, when he said, "It (the stock) went up \$6.00 in a day (recently)." Upon waking, I went to the computer, looked up the stock and clicked on its chart – by jove, Eastman Chemical had gone up \$6.00 in one day recently. Eastman had closed at 69.70 on April 24<sup>th</sup>, but opened at 76.43 the next morning! So this detail and the symbolic source of the detail (a wealthy person) gave me a sense that the information may actually be reliable.

Altogether, I felt a bit uncertain about 'what' had transpired, but I did feel that I had been given a stock tip (due to the \$6.00 jump detail being confirmed).

As it happens, Eastman Chemical (EMN) was not the highest percentage gainer the next day, though it did gain every day of the following six days (6% overall), and ended at a 52 week high, yesterday, May 16, 2008.

You should never invest what you cannot afford to lose, and you should never invest if the information source has a bad track record or worse, no track record. So the prudent person would want to establish a good track record of accurate information in lucid dream requests, before following the information.